

Adaptation Match-Up answers:

1. →J P
2. →F S
3. →D S
4. →I P
5. →L B
6. →E P
7. →A P
8. →K B
9. →B S
10. →H B
11. →C S
12. →G B

How Well Do YOU Adapt? answers:

1. True (2). False (1).
2. True (1). False (2).
3. True (1). False (2).
4. True (2). False (1).
5. True (2). False (1).
6. True (1). False (2).
7. True (1). False (2).
8. True (2). False (1).
9. True (2). False (1).
10. True (2). False (1).
11. True (2). False (1).
12. True (1). False (2).
13. True (1). False (2).
14. True (2). False (1).
15. True (2). False (1).
16. True (1). False (2).
17. True (2). False (1).
18. True (1). False (2).
19. True (2). False (1).
20. True (1). False (2).

35-40 points: Congratulations – you have many characteristics needed to adapt to a future of change and uncertainty!

30-35 points: You welcome new learning experiences, but occasionally may find yourself stuck in a rut. Life's an adventure – keep learning and growing!

25-30 points: Step out of your comfort zone! Keep your eyes open for options you may not have considered. Pledge every day to taste a new food, discover a new fact or learn a new skill.

20-25 points: Your answers indicate you may not handle future changes well. Make more of an effort to explore new opportunities, open yourself up to new relationships and take steps forward even when you're not completely sure where they will lead.